Laurie Edge-Hughes,
BScPT, MAnimSt (Animal Physio),
CAFCI, CCRT
Four Leg Rehab Inc
The Canine Fitness Centre Ltd



- Subjective History:
 - History of Present injury
 - Course of Progression
 - Aggravation / Ease
 - Abilities at present
 - 'Job' of the dog
- Veterinary Intervention
 - Diagnosis & Recommendations / Medications
 - Tests: X-rays, U/S, Myelograms, MRI, Blood Tests
 - · Always call the attending vet



- Past Medical History:
 - as per owner and vet
- · Other Pertinent Questions:
 - Stairs
 - Bowel & Bladder (B & B)
 - · Licking & Chewing
 - Signs & Symptoms (S & S) AM vs PM & with activity
 - Appetite, Hair Coat, Depression, Thirst
 - Clumsiness
 - Changes in Behaviour / Likes & Dislikes
 - · Anything else the owner has noticed

- ON EXAMINATION
 - General Observations: temperament, condition & activity level
 - Gait Examination: Stance, Sitting,
 Ambulation
 - Walk & Trot
 - Crossing Over?
 - Lying / Sit to Stand and back again
 - Turns in both direction
 - Familiarize before you start to poke around!



- Extremity Scan:
 - Run your hands down the limbs assessing for muscle tone and bulk.
 - Check the joints and muscles for any obvious signs of heat, swelling and tenderness
 - Check for other NEURO clues such as scuffed toes and toe nails
 - Check for dermatitis, granulomas or ulcers

- · R.O.M. Scan
 - Just to make sure there is no other complicating orthopedic factors
 - Full Flexion of a limb
 - · Full Extension of a limb
 - Caution with hip extension when looking at spinal problems.



- Neurological Testing
 - Balance on displacement
 - A displacement force is normally withstood and will not cause an animal to go off balance



- · Neurological Testing
 - Paper Slide Test
 - In standing, place the animal's foot on a piece of paper. Now slowly pull the paper to slide the foot out sideways. The animal should notice the displacement of the limb and replace the leg into a normal stance position before the foot is an unnatural standing distance away from the body.



- Neurological Testing
 - Placing Reflex
 - (should have a less than 2 second return): flip the paw over so that the dorsal surface is in contact with the ground.
 A normal animal should 'right' the position immediately.





A Neurological Assessment

- Neurological Tests
 - Crossed Extensor Reflex
 - Positive (neurological)
 - Negative (normal)
 - An abnormal reflex where the full flexion of one leg causes rigid extension of the opposite leg.



Neurologic

- Pain Perception vs Flexor Withdrawal
 - Pain perception: Hair pulling or hard squeezing of a digit should be felt and <u>acknowledged</u> by a normal animal.
 - Flexor withdrawal: Full leg withdrawal from a noxious stimulus is considered normal. It is a spinal cord mediated reflex.



A Neurological Assessment

• Tendon Reflexes & Muscle Reflexes





- Perineal Reflex
 - A noxious stimulus at the side of the anus will Normally cause a contraction of the sphincter



- Hopping Reflex
 - An animal should hop to support itself if made to weight bear on one leg when displaced in an oblique direction



- Para-Walking / Hemi-Walking
 - When two legs on the same side are lifted up and the animal is displaced sideways (towards the side with the legs down), the animal should 'walk' one leg followed by the other on the same side (i.e. front leg steps sideways, then the back leg steps sideways)



- Neurological Testing
 - Babinski Reflex
 - Clonus



Was anything revealed on your orthopedic scan?

– Do you need to further evaluate the extremity joints for specific orthopedic problems?



- Spinal Evaluation:
- For general localization of the lesion (if spinal cord based)
 - Palpate muscle bulk and tone
 - Palpate the spinous processes for pain and adjacent paraspinal muscle reactivity



- A Spinal Evaluation
 - Dorsal Ventral Pressures?
 - Rotations?
 - Cervical Spine Side Glides?
 - Tail ROM & Pulls



- Deductive Reasoning in the Neurological Patient
 - LMNL (lower motor neuron lesions):
 - (the grey matter in the ventral horn of the spinal cord) nerve root or peripheral
 - SIGNS OF A LMNL
 - Muscle Weakness
 - Hyporeflexia / Areflexia
 - Hypotonia or Atonia
 - Neurogenic atrophy appears within 3 7 days (up to half of the muscle volume can be lost in this time with a severed nerve lesion)
 - Owner observations are very valuable for assessing incomplete LMNLs

- NERVES
- CUTANEOUS INNERVATION



- Deductive Reasoning in the Neurological Patient
 - NERVE ROOT DISTRIBUTION
 - FRONT LIMB: C6 T2
 WHAT DO THE FOLLOWING NERVES DO?
 - Radial Nerve
 - Musculocutaneous Nerve
 - Ulnar and Median Nerves
 - Suprascapular / Axillary / Subscapular Nerves
 - Pectoral Nerve
 - Thoracodorsal Nerve



- Deductive Reasoning in the Neurological Patient
 - NERVE ROOT DISTRIBUTION
 - HIND LIMB: L4 S1
 WHAT DO THE FOLLOWING NERVES DO?
 - Femoral Nerve
 - Sciatic Nerve
 - Obturator Nerve
 - Gluteal Nerves



- Deductive Reasoning in the Neurological Patient
 - NERVE ROOT DISTRIBUTION
 - BOWEL AND BLADDER: S1 S3
 WHAT DOES THE FOLLOWING NERVE DO?
 - Pudendal



- Deductive Reasoning in the Neurological Patient
 - Relevant Anatomy as it Relates to the LMNL
 - The C/S has 7 vertebra and 8 spinal cord segments & nerve roots
 - The spinal cord can end at L4 in large dogs or L6 in smaller dogs
 - Relevance: disc lesions below the end of the spinal cord will display as LMNLs
 - Cord Segments L5 to S3 extend from the middle of the L3 vertebra down to L6 (raise these levels by one segment for large breed dogs)

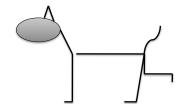
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- Deductive Reasoning in the Neurological Patient
 - LMNL: Nerve Root Impingement
 - Etiology
 - Compression or traction of nerve root due to spinal or pelvis dysfunction / misalignment
 - Bone Spurs near the facet joint encroaching upon the nerve roots
 - Central disc lesions affecting the cauda equina (or compression of the cord segments that correspond to the limbs)
 - Lateralized disc lesions in the C/S or L/S
 - Fibrocartilaginous embolism
 - Nerve sheath tumors

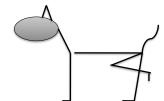
- Deductive Reasoning in the Neurological Patient
 - Signs & Symptoms of Nerve Root Impingement
 - Extrapolation from Humans
 - 1. Pins & Needles: (animal might chew or lick the limb or off weight the limb in a tippy toe kind of manner)
 - 2. Pain: (root signature stance or may attack the leg or act as if he was suddenly pinched / poked)
 - 3. Motor Impairment: (after pain, where the motor functioning is problematic...and the animal may not be able to perform a task)



- Deductive Reasoning in the Neurological Patient
 - Signs & Symptoms of Nerve Root Impingement
 - Spine is tender on palpation
 - Facilitated muscle spasm bilaterally / unilaterally
 - Joint Mobility:
 - May have spinal or pelvis misalignment / dysfunction
 - A disc herniation would not have the above problems, the pelvis and facet joint mobility would be equal bilaterally.
 Spasm may impede testing.
 - Bone spurs: Perhaps unilateral stiffness depending upon where the spurs were encroaching
 - If Pelvis: piriformis muscle tension with compression or traction of the nerve roots
 - Off weighting / root signature stance

• Which one has a Root Signature stance?





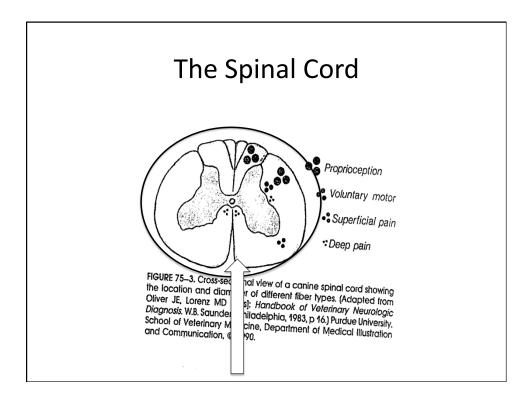
• What does the other one have?

- Deductive Reasoning in the Neurological Patient
 - Cranial Nerves
 - The cranial nerves are in effect the nerve roots of the brainstem (medulla, pons & midbrain)
 - These are good to understand as a reference, but of little clinical use in Rehab practice.
 - Trigeminal Nerve (CN 5)
 - Facial Nerve (CN 7)
 - Vestibulocochlear (CN 8)
 - Accessory (CN 11)

- Deductive Reasoning in the Neurological Patient
 - Clinical Signs of an UMNL (upper motor neuron lesion)
 - UMN refers to the spinal cord and brain.
 - Paresis to Paralysis
 - Hyper-reflexia
 - Hypertonia
 - Disuse Atrophy



- Deductive Reasoning in the Neurological Patient
 - Spinal Cord Anatomy as it relates to the UMNL
 - The Ascending tract sends info from the receptors to the brain
 - The Descending tract sends info from the brain to the LMN
 - The Sensory Tract
 - 1. The Fasciculus Gracilus & Cuneatus: (conscious perception)
 - 2. Dorsal / Ventral Spinocerebellar: (proprio. in hind legs)
 - 3. Rostral Spinal: (front leg conscious proprio.)
 - 4. Spinothalamic: (pain perception)
 - The Motor Tract
 - Is deeper (Rubrospinal, Reticulospinal, Vestibulospinal)
 - WHY DO WE CARE???



- Why do we care???
 - LIFO & FILO
- .
- Conscious Perception
 - Conscious Proprioception
 - Motor
 - Deep Pain



So it's a Neuro Case?

- Assess Function
- ■Treat the root of the problem
- ■Neuro-Rehab to retrain FUNCTION



C/S: The Spinal Nerves

| Table 2.2. Segmental Nerve Roots, Peripheral Nerves and Thoracic Limb Muscle Innervation | | | |
|------------------------------------------------------------------------------------------|-------------------------|----------------------------------------------------------------------------------------------------------------|--|
| Nerve | Nerve Roots | Muscles | |
| Suprascapular N. | (C5), C6 , C7 | Supraspinatus, Infraspinatus | |
| Subscapular N. | C6, C7 | Subscapularis | |
| Axillary N. | (C6), C7, C8 | Teres Major, Teres Minor, Deltoideus, | |
| | | (Subscapularis) | |
| Pectoral N. | C7, C8 | Superficial and Deep Pectorals | |
| Musculocutaneous N. | C6, C7 , (C8) | Biceps Brachii, Brachialis, Coracobrachialis | |
| Radial N. | C7, C8, T1, (T2) | Triceps brachii, Extensor carpi radialis, Ulnaris lateralis, Common digital extensor, Lateral digital extensor | |
| Median N. | C8, T1, (T2) | Flexor carpi radialis, Superficial digital flexor, (Deep digital flexor) | |
| Ulnar N. | C8, T1, (T2) | Flexor carpi ulnaris, Deep digital flexor | |
| Thoracodorsal N. | (C7), C8, (T1) | Latissimus Dorsi | |

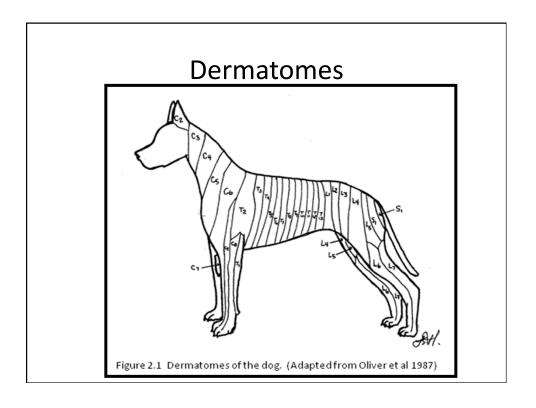
T/S: Anatomy & Biomechanics

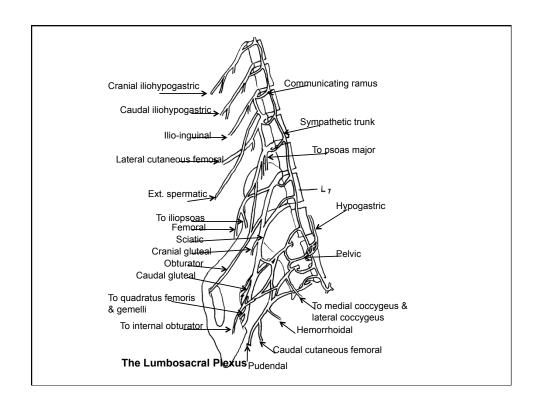
| Meningeal Branch | Supplies the dura mater, the dorsal longitudinal ligament, the |
|-------------------------|-----------------------------------------------------------------------|
| | vertebral venous sinus and other blood vessels in the canal. Each |
| | annulus fibrosis of the disc is supplied by meningeal branches from |
| | two or more spinal nerves. |
| Dorsal Branch | Divided into medial and lateral branches. Supply the epaxial muscles |
| | and skin over the dorsal aspect of the body wall. |
| Ventral Branch | Also called intercostals nerves. These are also divided into medial |
| | and lateral branches except in the region of the brachial plexus and |
| | lumbosacral plexus or the supply to the tail. The intercostals nerves |
| | supply the hypaxial muscles of the body wall and give off lateral and |
| | ventral cutaneous branches to supply the skin of the lateral and |
| | ventral aspects of the body wall. |
| The Visceral | Carries only general visceral sympathetic fibers to and from visceral |
| Branch | structures. |

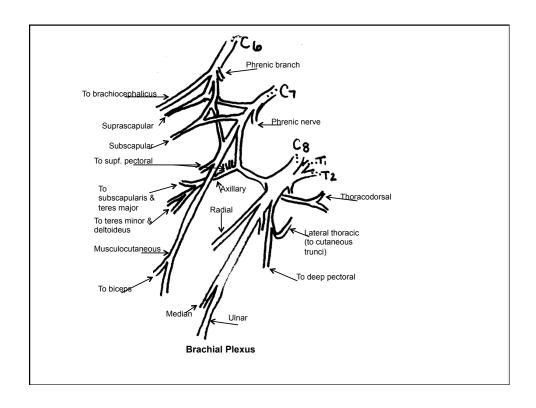
L/S Anatomy & Biomechanics

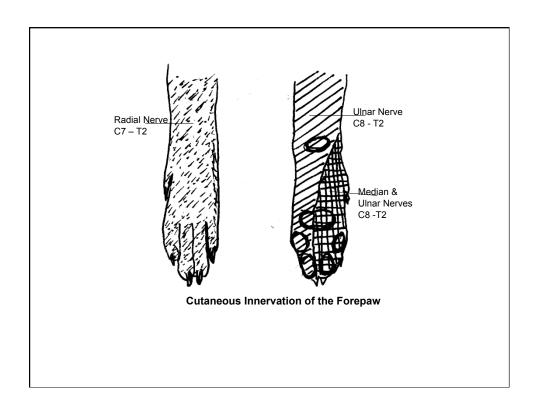
| lable 4.3. Segmental Nerve Roots, Peripheral N | erves and inoracic Limb iviuscie innervation |
|------------------------------------------------|----------------------------------------------|
| (Sisson & Grossman 1953; Evans 1993; Messonn | ier 2000) |
| | |

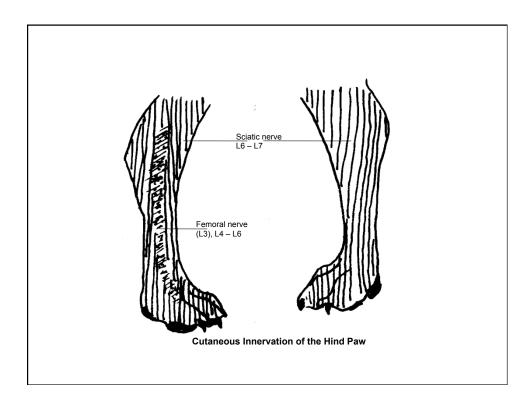
| Nerve | Nerve Roots | Muscles |
|-----------------------|------------------------|-------------------------------------------------------------------------------------------------------|
| Femoral Nerve | L4, L5 , L6 | Iliopsoas, Quadriceps complex, Sartorius |
| Obturator Nerve | (L4), L5, L6 | External obturator, Pectineus, Gracilis, Adductor |
| Cranial Gluteal Nerve | L6, L7 , S1 | Middle Gluteal, Deep Gluteal, Tensor Fascia Lata, Piriformis |
| Caudal Gluteal Nerve | L7 (S1, S2) | Superficial gluteal, (Middle gluteal), (Biceps Femoris), (Semitendinosus) |
| Sciatic Nerve | L6, L7, S1 (S2) | Biceps Femoris, Semimembranosus, Semitendinosus, Obturator internus, Quadratus femoris, Gemelli |
| Common Peroneal Nerve | a/a | Peroneus longus, Lateral digital extensor, Long digital extensor, Cranial tibial |
| Tibial Nerve | a/a | Gastrocnemius, Popliteus, Superficial digital flexor |
| Pudendal Nerve | S1, S2, S3 | External anal sphincter, the external genitalia |

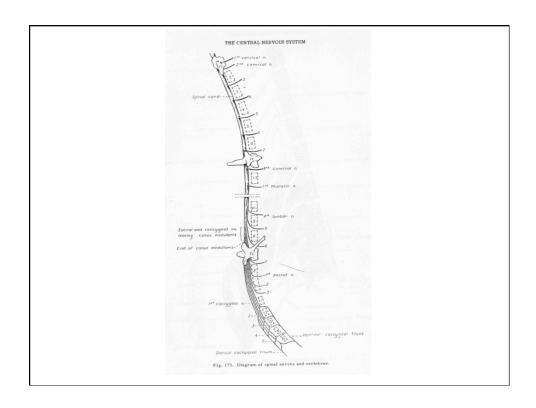












CRANIAL NERVES:

The cranial nerve signs indicate a LMNL in the brainstem (medulla, pons and midbrain)

Nerve Dysfunction

CN1 Olfactory Loss of sense of smell

CN2 Optic Blindness and pupil dilation

CN3 Oculomotor Reduced ability to move the eye

Lateral strabismus of the eye (ipsilateral eye looks

outwards)

Ptosis of the eye lid (droopiness)

CN4 Trochlear Dorsomedial strabismus of the eye

CN5 Trigeminal Asymmetric chewing, bilateral jaw drop (acute)

Inability to open jaw (chronic

Hypalgesia or hyperesthesia of one side of face

CRANIAL NERVES

CN6 Abducens Medial strabismus of the eye

CN 7 Facial Asymmetry of <u>facial expression</u>, ear droop,

Muzzle deviates to contraleteral side,

Food collects in cheek Partial dry mouth and dry eye

CN 8 Vestibulocochlear Disequilibrium, head tilt, spontaneous

nystagmus,

Circling, ataxia

Weakness of ipsilateral extensor muscles,

+/- Deafness

CN 9 Glossopharyngeal Partial dysphagia to pharyngeal paralysis

Partial dryness of mouth

Loss of taste, touch, and pain in caudal 1/3 of

tongue

Tachycardia, Increased blood pressure

CRANIAL NERVES

CN 10 Vagus dysphagia

Hoarseness, dysphonia,

Tachycardia, decreased peristalsis

Inhalation pneumonia

CN 11 Accessory

Atrophy of neck muscles, Inability to

draw shoulder cranially, Abduction

of dorsal part of

scapula

(trapezius & sternomastoideus)

CN 12 Hypoglossal

Ipsilateral: Acute: tongue deviates to

contralateral side

Chronic: tongue deviates to

ipsilateral side

Bilateral:

Paralysis of tongue